## ABSTRACT OF THE DISCLOSURE

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A runner for an extension table that has two sliding leaves includes a 2 wooden primary transverse beam with a side, a wooden secondary transverse 3 beam attached securely to the side of the primary transverse beam and a track 4 assembly attached to the side of the primary transverse beam. The secondary 5 transverse beam has a top. The track assembly is supported by being fitted on the 6 top of the secondary transverse beam. Therefore, the secondary transverse beam 7 provides a robust support to the track assembly to prevent that from being 8 deformed or separated when the track assembly undergoes an accumulated 9 weight caused by stacking the extension tables during a period of transport or 10 11 storage.